

Tan'qik

Focusing on suicide prevention of Alaska Natives, this group, named for the Yup'ik word meaning "bright light", worked on a public awareness campaign in members' communities throughout the state.

RESEARCH QUESTION:

How can we encourage Alaska Native youth wellness, and how can we make a positive impact in suicide prevention efforts?

COMMUNITY OUTREACH

**ALLAKAKET,
HUGHES,
HUSLIA,
TANANA PLUS
FAIRBANKS**

Group members created informational flyers on suicide prevention including resources for people to call for help. Flyers were posted in the four villages plus Fairbanks.

POPULATION SURVEYED

Youth & Adults

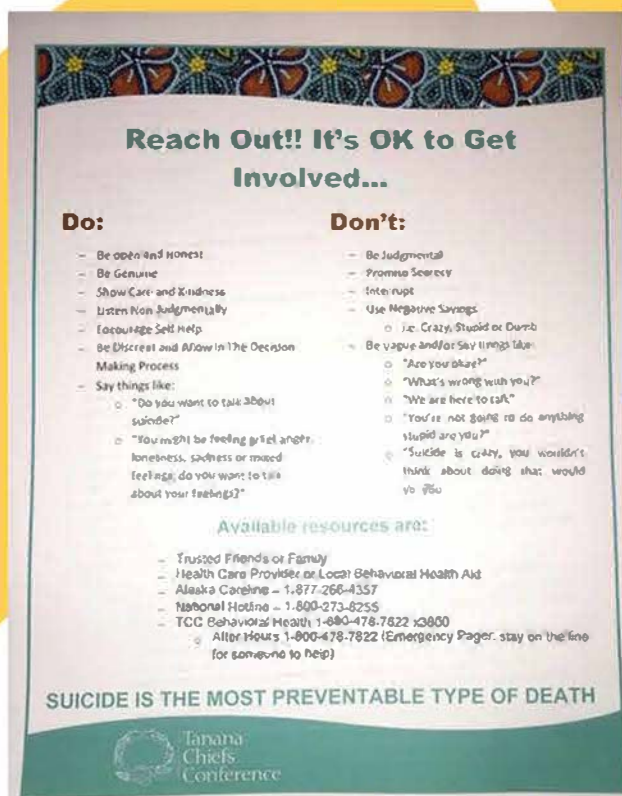
COMMUNITIES OF FOCUS

ALLAKAKET, AK
POPULATION: 105

HUGHES, AK
POPULATION: 88

HUSLIA, AK
POPULATION: 420

TANANA, AK
POPULATION: 258



"All the adults [are] coming into the school saying, 'If you want to talk, we are here!'. If they had come in and opened up and said, 'You may be feeling like this or you may be confused, I am here to listen, and maybe I can answer your questions.' It really put a lot of pressure on us to talk, but we didn't know what we were supposed to talk about..."

- An Alaska Native Youth